



PARK HEIGHTS AVE AT WALNUT AVE OWINGS MILLS MD 410-356-3844

Stu's News 2/5/2009

I Believe Wine and Cocktails Can Save the Economy

First of all, turn off the news. Put down the financial section. And for goodness sake, don't even think of checking your 401k. Let's all put on an optimistic face and focus on the things that truly matter. Don't get me wrong; I certainly don't intend to minimize the hardship that so many people are feeling right now. However, a little "looking on the bright side" never hurt anyone and between the news and, quite frankly, a depressingly cold and snowy Mid Atlantic winter, it's all we can do to keep our spirits high.

While going to the movies now costs at least \$20 for two (without even getting m&ms), and eating out now makes you feel guilty in two ways not one, there is one activity that doesn't cost a lot of money but pays off in spades: relaxing at home, with friends and family. Check all of the negative news at the door and remember that there are actually other things to talk about. Of course, nothing completes the picture better than some delicious Wine or a Cocktail and for \$10 a bottle that's a necessary expense.

Remember "Cocktail Hour?" People used to leave work & go to the bar or home and have a drink, and sit and talk. To the younger generation, my kids, this is a foreign concept. Sitting and talking - not texting, twittering, and blogging - and taking some time to unwind from your day while enjoying some good company (even if it's just your pets)? It's a radical idea.

There is something therapeutic in the process of having a good glass of wine or creating a cocktail for yourself and others. Something a little more deliberate than with other drinks. It's certainly not hard. I would love to give you recipes for cocktails. I have most ingredients on hand here at Mr Charles' or select a great bottle of wine for you. but the ritual of selecting the ingredients, shaking them with ice, serving them proudly... it demands a fresh mindset. Even the new administration believes in the power of cocktails. White House social secretary Desiree Rogers recently shared that they will be hosting Wednesday night cocktail hours in an effort to build stronger bipartisan relationships.

So, my prescription for an economic turnaround: Enjoy a few drinks with some good friends and think of all of the things we do have to be thankful for. We've seen how the power of hope can change things; now let's try and prove the power of positive spirits

Thanks to Kristine Ford - Marketing Director Stirrings

Current Features

- SKY VODKA 1 LITRE \$16.99
 - HOGUE RIESLING \$8.99
 - KENDALL JACKSON CHARDONNAY \$14.99
 - FETZER CABERNET SAUVIGNON OR CHARDONNAY \$9.99
 - EXPLORADORA MALBEC \$8.99
 - EXPLORADORA CHARDONNAY \$8.99 750ML
 - SKY VODKA \$24.99 1.75 LITER
 - DELICATO 1.5 LITER'S \$9.99 EA
 - BLACKSTONE RESERVE PINOT NOIR \$19.99
 - MIROUSAU CABERNET SAUVIGNON \$11.99 750 ML
 - NATURAL LITE 12PK CANS \$7.29
- WINE TASTINGS EVERY SATURDAY 3:30 PM -6:30 PM**
www.mrcharlesmarket.com

VALENTINES DAY PRIE FIXE DINNER FOR 2

(INCLUDES SOUP, SALAD AND ENTRÉE')

SOUP

ROASTED BUTTERNUT SQUASH & PEAR SOUP, CINNAMON CRÈME FRAICH

OR

CREAMY LOBSTER BISQUE, HERBED GOAT CHEESE CROUTON

OR

CREOLE CHICKEN GUMBO

SALAD

BABY FIELD GREENS, PEPPERED APPLES & PEARS, CRUMBLD GORGONZOLA, CANDIED PECANS, ROASTED GRAPE VINAIGRETTE

OR

TRADITIONAL CAESAR SALAD, ROASTED GARLIC CROUTONS, BABY ROMAINE HEARTS, SHREDDED PARMIGANE CRISP,

ENTRÉE

PEPPERCORN SEARED BEEF RIBEYE STEAK \$60

SAUTÉED BABY SPINACH, ROASTED GARLIC WHIPPED POTATOES, RED WINE DEMI GLACE

PAN ROASTED RACK OF LAMB \$70

RED COCONUT GLAZE, STEAMED JASMINE RICE, STIR-FRIED BABY BOK CHOY

GRILLED TUNA LOIN \$50

SAUTÉED FRENCH BEANS, TOASTED CHESTNUTS, WHITES BEAN & BUTTERNUT SQUASH SALAD, ROASTED GARLIC REMOULADE

HERB CRUSTED WILD SALMON \$50

TRUFFLE SCENTED RISOTTO CAKE, SEARED BABY ARTICHOKE & MUSHROOMS, ROASTED RED PEPPER COULIS

STEAMED MAINE LOBSTER \$125

LEMON HERB BUTTER, ROASTED BABY RED SKINNED POTATOES, STEAMED ASPARAGUS

ROASTED CHICKEN \$30

WILD MUSHROOM PAN JUS, GRILLED VEGETABLES, HERB ROASTED FINGERLING POTATOES

DESSERT

DARK & WHITE CHOCOLATE ZEBRA STRIPED LONG STEM STRAWBERRIES

ADDED BONUS TAKE 10% OFF ANY BOTTLE OF CHAMPAGNE OR SPARKLING WINE WITH ANY VALENTINES DAY DINNER ORDER

How To Order

Orders will be accepted electronically, by phone or in person. Just let us know which wine(s) or foods you want and in what quantity. Order on line for store pick up or delivery - or feel free to call or reply to this email and we'll be glad to help. Mr Charles Market standard discount is 10% off any mixed case or any quantity over 6 bottles. Local delivery available. PLACE YOUR ORDER: ELECTRONICALLY: MR. CHARLES MARKET EMAIL: MAIL@MRCHARLESMARKET.COM BY PHONE: 410-356-3844 PICK-UP AT: 12147 PARK HEIGHTS AVE. OWINGS MILLS, MD

[To unsubscribe click here](#)