

Mr. Charles Market Catering
12147 Park Heights Ave
Owings Mills MD 21117
410-356-3844 fax 410-363-9140
Lunch Menus

Catering Proposal

"The Dining Experience"

Menu 1

GARDEN SALAD

WITH ASSORTED DRESSINGS

VEGGIE SPRING ROLLS

WITH DIPPING SAUCE 3 DZ

MINI CRAB CAKES

3 DZ WITH CREOLE REMOULADE

WRAP PLATTER

(TURKEY/ROAST BEEF/CHICKEN SALAD WITH CHOICE OF COLE SLAW, MACARONI SALAD, POTATO SALAD OR CHIPS)

LASAGNA

CHOICE OF VEGGIE OR MEAT WITH GARLIC BREAD

FANCY COOKIE & BROWNIE TRAY

FRESH FRUIT TRAY

Menu 2

Assorted Sandwiches

- **Grilled Chicken Po Boy** MARINATED GRILLED CHICKEN BREAST, LETTUCE, TOMATO, ONION, MAYONNAISE, CAPERS, TOASTED FRENCH BREAD ROLL
- **Smoked Turkey Breast Sandwich** SLICED HOUSE SMOKED TURKEY, CRANBERRY RELISH, LETTUCE, HONEY WHEATBERRY BREAD
- **California Dream** SMOKED TURKEY BREAST, AVOCADO, ALFALFA SPROUTS, 1000 DRESSING ON HONEY WHEATBERRY BREAD
- **San Diego Mozzarella Sandwich** FRESH MOZZARELLA, SLICED RIPE TOMATOES, AVOCADO, FRESH BASIL PESTO FRESH BAKED ROLL, KISSED WITH EXTRA VIRGIN OLIVE OIL
- HOMEMADE COLE SLAW AND POTATO SALAD
- **Garden Salad** WITH ASSORTED DRESSINGS
- **Assorted Cookie and Brownie Tray**
- **Drinks assorted 2 liter Coke, Diet Coke, Sprite**
- **Paper goods and Plastic Ware**

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Menu 3

- **Choice of Garden or Ceasar Salad**
 - **Choice of 2 Entrée's** (ROTISSERIE HERBED CHICKEN QUARTERS, GRILLED CHICKEN BREAST, HOMEMADE MEATLOAF, EGGPLANT PARMIGIANA)
 - **Choice of Garlic Mashed Potatoes or Roasted Potatoes**
 - **Chef's Vegetable of the Day**
 - FRESH BAKED FRENCH BAGUETTE
 - ASSORTED COOKIE AND BROWNIES
 - **Drinks assorted 2 liter Coke, Diet Coke, Sprite**
 - **Paper goods and Plastic Ware**
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Menu 4

Asian Style Lunch

Chinese BBQ Beef Short Ribs, Stir Fried Vegetables, Roasted garlic & Ginger Mashed potatoes

Asian Grilled Chicken Salad, Soy Glazed Lo Mein Noodles, Toasted Cashews, Sesame Peanut Sauce

Thai Shrimp Salad, Rice Vermicelli, Opal Basil, Fresh Mint, Baby Cilantro, Toasted Peanuts, Bib Lettuce Cups

Menu 5

Carribbean Lunch

Chili Grilled Hanger Steak, Fire roasted potatoes, Bermuda Onions, Charred Red Peppers, Summer Squash, Zucchini

Smoked Chicken & Black Bean Empanadas, Smoked Tomato Salsa

Carribbean Grilled Salmon, Black Bean & Corn Salad, Mango Mojo, Grilled Romaine Hearts

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Menu 6
Comfort Lunch

Meat Lasagna, Ceasar Salad, Garlic Bread

Herb Roasted Chicken, Winter Root Vegetables, Savory Thyme Broth

BBQ Braised Beef Brisket, Grilled Marinated Vegetables, Garlic Smashed Potatoes,
Crispy Leeks

Menu 7

Mini Finger Sandwiches

Rotisserie Turkey, Dried Cranberry Relish, Green Leaf Lettuce

Tuna Nicosia Salad, Lemon Thyme Vinaigrette, Calamatta olive Tapenade, Frisse
Lettuce, French Beans

Grilled Marinated Vegetables, Roasted Garlic Hummus, Sun-dried Tomato Pesto, Baby
Spinach

Tuscan Pasta Salad, Flat Leaf Spinach, Sun-dried Tomato, Broccoli Florettes, Seared
Artichokes, Basil Pesto

Seasonal Mixed Field Greens Salad, English Cucumber, Julienne Carrot, Beefsteak
Tomato, Alfalfa Sprouts, Raspberry Balsamic Vinaigrette

Mediterranean Vegetable Salad, Rainbow Peppers, Calamatta Olives, Greek Feta
Cheese, Plum Tomatoes,

Dessert – brownie and cookie assortment